

# How To Use The HeartBread SCRIPTURE MEMORY SYSTEM

All HeartBread printables are © 2017 [LiveNourished.net](http://LiveNourished.net) and are free for personal use. I'm more than happy for you to share HeartBread with others, but please point them to [www.livenourished.net/heartbread](http://www.livenourished.net/heartbread) where they can browse all the available verses and translations and download as many as they want. Thank you for your support.

## Step 1

Read the verse and reference. Do this 10 times.

## Step 2

The verse is now broken down into shorter sentences to help make it more memorable each time you read it. Read the verse and reference like this 10 times.

## Step 3

Put aside Step 1 and Step 2. The verse is now laid out with only the first letter of each word and how many letters are in each word. Write out the words you remember.

## Step 4

Put aside Step 3. The verse now has first letters visible for only half of the words and only shows how many letters are in half of the words. Write out the words you remember.

## Step 5

Put aside Step 3 and Step 4. The verse is now laid out with no first letters and does not show how many letters are in each word. Write out the words you remember.

## Step 6

Repeat Step 5 a week later to see how much of the verse and reference you remember.

## Step 7

If you don't fully know it yet, start again at Step 1. Repeat until the verse is hidden in your heart and you can fully remember the verse text and Bible reference.

## Optional

Learn the 2-Word Title and Bible Reference. Use as a prompt of the verse's focus or topic.

# HeartBread

## SCRIPTURE MEMORY SYSTEM

© 2017 [LiveNourished.net](http://LiveNourished.net)

FIRST IMPORTANCE

**1 Corinthians 15:3-4**

### 2-Word Title

First Importance

### Bible Reference

1 Corinthians 15:3-4

{ NASB }

### Verse Text

For I delivered to you as of first importance what I also received, that Christ died for our sins according to the Scriptures, and that He was buried, and that He was raised on the third day according to the Scriptures

## Step 1

Read the verse and reference. Do this 10 times.

For I delivered to you as of first importance what I also received, that Christ died for our sins according to the Scriptures, and that He was buried, and that He was raised on the third day according to the Scriptures

1 Corinthians 15:3-4

## Step 2

The verse is now broken down into shorter sentences to help make it more memorable each time you read it.

Read the verse and reference like this 10 times.

For I delivered to you  
as of first importance  
what I also received,  
that Christ died  
for our sins  
according to the Scriptures,  
and that  
He was buried,  
and that  
He was raised  
on the third day  
according to the Scriptures

1 Corinthians 15:3-4

### Step 3

Put aside Step 1 and Step 2.

The verse is now laid out with only the first letter of each word and how many letters are in each word.

Write out the words you remember.

F\_\_ l d\_\_\_\_\_ t\_ y\_\_

a\_ o\_ f\_\_\_\_\_ i\_\_\_\_\_

w\_\_\_ l a\_\_\_ r\_\_\_\_\_ ,

t\_\_\_ C\_\_\_\_\_ d\_\_\_

f\_\_ o\_\_ s\_\_\_

a\_\_\_\_\_ t\_ t\_ S\_\_\_\_\_ ,

a\_\_ t\_\_\_

H\_ w\_\_ b\_\_\_\_\_ ,

a\_\_ t\_\_\_

H\_ w\_\_ r\_\_\_\_\_

o\_ t\_\_ t\_\_\_\_\_ d\_\_\_

a\_\_\_\_\_ t\_ t\_ S\_\_\_\_\_

1 C\_\_\_\_\_ 1\_ : 3 - \_

## Step 4

Put aside Step 3.

The verse now has first letters visible for only half of the words and only shows how many letters are in half of the words.

Write out the words you remember.

F \_ \_ \_ d \_ \_ \_ \_ \_ \_ \_ \_ y \_ \_

\_ \_ \_ o \_ \_ \_ \_ \_ i \_ \_ \_ \_ \_ \_ \_

\_ \_ \_ l \_ \_ \_ r \_ \_ \_ \_ \_ ,

\_ \_ \_ C \_ \_ \_ \_ \_

f \_ \_ \_ s \_ \_ \_

\_ \_ \_ \_ \_ t \_ \_ \_ S \_ \_ \_ \_ \_ \_ \_ ,

\_ \_ \_ t \_ \_ \_

\_ \_ \_ w \_ \_ \_ \_ \_ ,

a \_ \_ \_ \_

H \_ \_ \_ r \_ \_ \_ \_ \_

\_ \_ \_ t \_ \_ \_ \_ \_ d \_ \_

\_ \_ \_ \_ \_ t \_ \_ \_ S \_ \_ \_ \_ \_ \_ \_

\_ \_ C \_ \_ \_ \_ \_ \_ \_ : 3 - \_



## Step 6

Repeat Step 5 a week later to see how much of the verse and reference you remember.

## Step 7

If you don't fully know it yet, start again at Step 1. Repeat until the verse is hidden in your heart and you can fully remember the verse text and Bible reference.

## Optional

Learn the 2-Word Title and Bible Reference. Use as a prompt of the verse's focus or topic.

---

Thank you for using the

**HeartBread**  
SCRIPTURE MEMORY SYSTEM

brought to you by



For more verses and printables, visit  
[www.livenourished.net/heartbread](http://www.livenourished.net/heartbread)

You can also send feedback  
and verse requests to:  
[lois@livenourished.net](mailto:lois@livenourished.net)